



Toronto Endoscopy Clinic

790 Bay Street
Suite 700, Toronto, ON
M5G 1N8, PO Box 71
Tel: (416) 551 - 6006
Fax: (416) 551 - 6009

INSTRUCTIONS FOR GASTROSCOPY:

DATE OF PROCEDURE: _____ ARRIVAL TIME: _____

READ THIS PAGE CAREFULLY

SOMEONE MUST EITHER ACCOMPANY YOU OR IS AVAILABLE TO PICK YOU UP FROM THE APPOINTMENT. We cannot perform a procedure without confirmation that someone will be accompanying you after. Sedation is given to keep you comfortable during the procedure. **NO DRIVING FOR 24 HOURS** – WAIVER MUST BE SIGNED ON THE DAY OF THE PROCEEDURE

Your stomach **MUST BE EMPTY.** NO FOOD FOR 12 HOURS BEFORE EXAMINATION AND NO WATER FOR 4 HOURS BEFORE examination.

What is an EGD?

An esophagealduodenoscopy (EGD) is performed by advancing a very thin tube (called an endoscope) through the mouth and passed into the upper digestive tract. This is a camera that allows the physician to examine the lining of the esophagus, stomach and duodenum (the first part of the small intestine).

What happens after the endoscopy?

You will be able to resume your normal diet one hour after the endoscopy unless you are instructed otherwise. You cannot drive for 24 hours after sedation from the procedure even though you may not feel tired; your reflexes and judgement may not be normal.